



Catering

1. Introduction

We provide all meals to children as an inclusive part of the programme. We can cater for all religious and medical dietary requirements, such as halal and coeliac; and each mealtime we offer a range of options to suit different tastes. We are proud of our catering provision and take its quality, feedback and development very seriously.

2. The type of food and drink we offer

Meal-times at the College

We aim to offer a rounded 'international' cuisine. Before the start of the Summer School the Director and the Catering Manager agree the full menu for the 6 weeks and this is sent to parents ahead of time, although it is sometimes later adapted during the summer in response to feedback. The following is an indication of the catering provision at each meal-time while at the College:

Breakfast	Lunch	Dinner
<ul style="list-style-type: none"> • Toast & croissants • Cheese & cooked meats (ham, salami ...) • Cereal & yoghurt • Porridge • Filter coffee, tea, and hot chocolate • Fruit • Fruit juice • Eggs • Bacon & Sausages 	<ul style="list-style-type: none"> • Soup & bread as a starter • Choice of 2 meat-based* main-courses and 1 vegetarian • Cold dessert (such as jelly or ice-cream) • Salad bar • National-theme days (Italian, Indian, etc.) on Tuesdays and Thursdays • Squash or water 	<ul style="list-style-type: none"> • Soup & bread as a starter • Choice of 2 meat-based main-courses and 1 vegetarian • Cold dessert (such as jelly or ice-cream) • Salad bar • A table-service 'welcome dinner' • Barbeques once a week • Squash or water

** Common meats are chicken, beef, lamb, pork and fish*

We aim for meal-times to be fun and memorable. For instance, on some days children are given the opportunity to 'make their own pizza' which we then bake, or we might have a 'sticky-ribs' lunchtime where the children eat barbeque-ribs without cutlery, wearing gloves and aprons.

Packed lunches

When away from the College, such as on excursions, children are either given packed lunches or taken to local restaurants.

Snacks

We open a small shop during most afternoons and evenings where children can purchase a range of snacks and drinks such as fizzy drinks, crisps and chocolate, as well as healthy options such as fruit. Health is very important to us, so we ensure that children do not purchase or consume what we would consider to be unhealthy quantities of sugary food. However, if you have specific requests or limits as to how much confectionary your child is allowed to have please do communicate them to us.

3. Allergies, intolerances and religious/values-based dietary restrictions

We are happy to accommodate any kind of medical or religious/values-based requirements, including diabetes, coeliac disorder, lactose intolerance, halal & kosher specifications, veganism, etc. It is important, however, that we are informed ahead of time so that we may adjust our provision accordingly. In some cases, students with individual needs may be cooked completely separate meals; in others suitable options will be included in the main provision.

4. Feedback

We value feedback from our students and staff, and try to act on suggestions and complaints as they arise. Students have many opportunities to provide feedback on our catering provision, including weekly Student Council meetings, classroom talk time and corridor talk time. We are also always happy to discuss our food and drink with parents directly.

5. Food and drink from home

We understand that some children may want to bring some food items from home, or arrange to have some things sent to them. We do not object to this in principle, however...

...the children must not have any items containing peanuts on the College premises

...the children must not have any food or drink containing alcohol

...we do not recommend any kind of snacks which require preparation (such as noodles), as we cannot guarantee that we will be able to offer the facilities for them to do so

6. Food and drink from other providers

We ask that students do not arrange for food (such as pizza) to be delivered to the College during its normal periods of operation. While on excursions, children may purchase food from third party providers such as shops and snack bars at the discretion of group leaders.

Last Updated by Lee Hawkes February 2019