



# Medical Policy

## Introduction

We treat the health and well-being of our students with the upmost importance. Our Health Centre is staffed from 08:00-20:00, 7 days a week. Our qualified nurses are able to diagnose and treat common and minor ailments and administer prescription medication.

We are 25 minutes away from a large hospital with an Accident and Emergency department, and we have an ambulance on site. All of our students are covered by a travel insurance policy which covers the costs of emergency healthcare and, if necessary, emergency repatriation.

We are able to accommodate students with many physical and cognitive conditions, but we are not disability specialists and there are some conditions that we do not have the facilities or expertise to deal with. For this reason, it is important to disclose all conditions to us upon initial application.

## Medications

- Students who are on prescription medication should hand this into the Health Centre on the day that they arrive. Our nurses will ensure that they take the necessary dose at the correct times and frequencies.
- Students should not come with over-the-counter remedies such as anti-histamines or ibuprofen. If they do, these must be stored in the Health Centre. We cannot allow students to store medications in their bedrooms.
- Those with prescription medication but no medical prescriptions to go with them will not be permitted to take their medication. It is very important that if a student is on a prescription, the details of that prescription are communicated to us beforehand.

## Illness: Infections, etc..

When students have minor bacterial or viral infections they can be seen and treated in the Health Centre. Sometimes, at the discretion of our nurses, they may stay in the Health Centre for a few hours to recover.

More serious infections will require transfer to the local hospital.

## Injuries: Cuts, burns, etc..

Thankfully, our students are not injured very often. However, as above, minor injuries can be treated on site by qualified nurses, while more serious injuries will be treated at the local Accident and Emergency department.



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### **Mental Health, mental illness and developmental disabilities**

We do not specialize in conditions such as bipolar disorder, schizophrenia and autism – and we do not have the training, experience or facilities to work with students who require them.

It is very important that any conditions such as these are disclosed during the first stage of the application process. If a student arrives with a previously undisclosed condition which, in our view, we are unable to safely accommodate then we may insist that they are repatriated.

### **Chronic Conditions: Epilepsy, Asthma, Allergies, etc.**

We need to know if students have any chronic conditions such as epilepsy or asthma so that our staff are prepared. If necessary, for instance, we can arrange for extra epi-pens to be available for students with severe allergies.

### **Additional Information**

Should you have any questions, or require additional information about this subject, please contact us direct via email at [summer@stedmundscollege.org](mailto:summer@stedmundscollege.org), or phone on +44 (0)1920 824 348.