



ST EDMUND'S COLLEGE SUMMER SCHOOL

Catering & Meals

Introduction

At the St Edmund's College Summer School we provide all meals as an inclusive part of the summer school programme. We can cater for all religious and medical dietary requirements, such as halal and coeliac; and each mealtime we offer a range of options to suit different tastes.

We are proud of our catering provision and take its quality, feedback and development very seriously.

Meal-times at the College

We aim to offer a rounded 'international' cuisine. Before the start of the Summer School the Director and the Catering Manager agree the full menu and this is published on our mobile app for students and parents to see.

To give you a taster of this, here are a few examples of what is served each day:

Breakfast	Lunch	Dinner
<ul style="list-style-type: none"> • Toast, croissants, pancakes or Danish pastries • Fresh fruit • A selection of cereals, muesli or porridge • Yoghurts or smoothies • Cooked breakfast including bacon and sausages, eggs, beans, mushrooms, grilled tomatoes and potatoes • Tea, coffee, hot chocolate or fruit juice 	<ul style="list-style-type: none"> • Soup and bread as a starter • A daily selection of freshly prepared salads including home cooked meats, vegetarian choices and chunky breads • Cooked lunch such as pizza, frittata, fresh pasta dishes, roast chicken and vegetables or fish dishes plus vegetarian options. • Regular themed meal days such as Caribbean, Thai and best of British themed foods • Freshly made desserts including chocolate cake, crème caramel, brownies, homemade yoghurts or classic flapjacks • Fruit juice, squash or water 	<ul style="list-style-type: none"> • Soup and bread as a starter • A daily selection of freshly prepared salads including home cooked meats, vegetarian choices and chunky breads • Cooked dinner such as cheeseburger and fries, mac & cheese, ratatouille vegetables with rice, pasta bakes and curries • Once a week there is a large group BBQ • Freshly made desserts including ice cream, apple pie with custard, trifle or fruit salad • Fruit juice, squash or water

Off-site meals

When away from the College, such as on excursions, students are either given packed lunches or taken to local restaurants.

Snacks

We open a small tuck shop during most afternoons and evenings where students can purchase a range of snacks and drinks. Health is very important to us, so we ensure that students do not purchase or consume what we would consider to be unhealthy quantities of sugary food. However, if you have specific requests or limits as to how much confectionary they are allowed to have please do communicate them to us.

We provide free bed-time snacks such as toasted cheese sandwiches, and during some outdoor events we hold barbecues for the students.

Allergies, intolerances and religious/values-based dietary restrictions

We are happy to accommodate any kind of medical or religious/values-based requirements, including diabetes, coeliac disorder, lactose intolerance, halal & kosher specifications, veganism, etc. It is important, however, that we are informed ahead of time so that we may adjust our provision accordingly. In some cases, students with individual needs may be cooked completely separate meals; in others suitable options will be included in the main provision.

Feedback

We value feedback from our students and staff, and try to act on suggestions and complaints as they arise. Students have many opportunities to provide feedback on our catering provision, including weekly Student Council meetings, classroom talk time and corridor talk time. We are also always happy to discuss our food and drink with parents directly.

Food and drink from home

We understand that some students may want to bring some food items from home, or arrange to have some things sent to them. We do not object to this in principle, however...

...the student must not have any items containing peanuts on the College premises

...the student must not have any food or drink containing alcohol

...we do not recommend any kind of snacks which require preparation (such as noodles), as we cannot guarantee that we will be able to offer the facilities for them to do so

Food and drink from other providers

We ask that students do not arrange for food (such as pizza) to be delivered to the College during its normal periods of operation. While on excursions, students may purchase food from third party providers such as shops and snack bars at the discretion of group leaders.

Additional Information

Should you have any questions, or require additional information about this subject, please contact us direct via email at summer@stedmundscollege.org, or phone on +44 (0)1920 824 348.